



# BLACKHAWK

## PLASTIC SURGERY & MEDSPA

### Hairmaxx Microneedling + PRP + SECRETOME Hair Growth Therapy: Pre & Post Care Guide

#### About the Treatment

**Hairmaxx Microneedling** with **PRP** (Platelet-Rich Plasma) uses tiny needles to stimulate hair follicles and PRP injections to enhance hair growth and density. When combined with **Secretome** stem cell factors, this treatment is significantly enhanced, providing an advanced regenerative effect at the follicular level. For optimal results, multiple sessions—usually between 3 and 6—are recommended, spaced 4 to 5 weeks apart. Since the hair growth cycle spans 3 to 5 years, long-term maintenance is essential for sustained effectiveness. Treatments are generally comfortable and require minimal downtime. Results vary depending on hair density, scalp condition, and underlying causes of hair loss

---

#### Before Your Treatment

- Avoid blood-thinning medications or supplements (e.g. aspirin, ibuprofen, fish oil, or vitamin E) unless approved by your provider.
- Wash your hair thoroughly the day before your treatment.
- Avoid using all hair products (sprays, gels, lotions) on the day of treatment.
- Drink 1-2 bottles (16 oz each) of water 30-60 minutes prior to your appointment.
- You may dye your hair up to 7 days before your treatment
- Avoid alcohol and smoking for 24 hours prior to the session.
- Discuss medical history, allergies and medications with your provider.

---

#### What to Expect During Treatment

- You may feel mild pricking or pressure, which is usually tolerable as tiny microneedles create microchannels in the scalp.
- Your blood will be drawn to prepare the PRP and is then injected into the targeted areas.
- The session typically lasts 30–45 minutes, depending on the treatment area.
- Your scalp will look temporarily red from the treatment serums. This is normal and will wash out the next time you shampoo your hair.

---

#### After Your Treatment

- Redness, mild swelling, or pinpoint bleeding at injection sites is normal and usually resolves within a few days.
- Avoid sun exposure, saunas, and strenuous exercise for 24–48 hours.
- Do not scratch or pick at treated areas.
- You may resume washing your hair the day after your treatment.
- You may dye your hair 7 days after your treatment.