

AviClear: Pre & Post Care Guide

About the Treatment

AviClear is the first FDA-cleared laser designed specifically to treat moderate and severe acne. It works by reducing sebaceous (oil) gland activity, which is the root cause of acne. With fewer overactive oil glands, breakouts decrease over time, and skin becomes clearer and healthier. AviClear is safe for all skin tones and types, requires no downtime, and is made comfortable with built-in AviCool™ cooling technology. A series of 3 treatments spanned 4-6 weeks apart is recommended. Results develop gradually as oil gland activity decreases.

Before Your Treatment

- Avoid direct sun exposure & tanning, spray tans and any other self-tanners on the area being treated for at least 2-4 weeks.
- Discontinue active skincare like retinoids, glycolic or salicylic acids, and other exfoliants 3–5 days before treatment to keep your skin calm and ready.
- Avoid skincare products (lotions, oils, makeup) on the day of treatment.
- Discuss allergies and medications: let your provider know if you're on antibiotics, Accutane, or other photosensitizing drugs. If you have a history of HSV-1 or HSV-2 in the area being treated, taking an antiviral 24–48 hours before and after your session can help prevent an outbreak.

What to Expect During Treatment

- During treatment, you'll feel a mix of gentle heat and cooling bursts. Many describe it as a light snapping sensation, like a rubber band.
- Sessions usually last 30-60 minutes, depending on the area treated.

After Your Treatment

- Mild redness or warmth may occur but typically resolve within a few hours.
- Avoid direct sun exposure for 2 weeks after treatment. Use SPF 30+ daily.
- Avoid active skincare products like retinoids or chemical peels for 2-3 days after treatment.
- Gentle cleansing and moisturizing are recommended.
- Do not pick or scratch the treated area.
- Makeup can be applied the day after treatment.
- Avoid heat (hot tubs, saunas, etc.) and limit exercise that can cause sweating for 24 hours post treatment.
- Some patients may experience a temporary “purge” of acne before clearer skin appears.